

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY
4:00 - 5:00 Pre-Inter B Hip Hop with Miss Mackenzie	4:00 - 5:00 Adult Sessional: Barre Fit Sept. 28th - Nov. 9th 6 weeks	4:00 - 5:00 Junior Ballet with Miss Sydney	4:00 - 5:00 Pre-Inter Ballet	4:00 - 5:00 Junior Jazz with Miss Calissa & Miss Amber	4:00 - 5:00 Inter Contemporary	10:00 - 10:45 Creative Movement		10:00 - 10:45 Creative Movement
5:45 - 6:45 Pre-Inter Musical Theatre		5:00 - 6:00 Pre-Inter B Jazz		5:00 - 6:00 Inter Jazz		4:00 - 5:00 Junior Hip Hop with Miss Trinda	3:45 - 4:45 Pre-Competitive Jazz/ Hip Hop	1:30 - 2:30 Dance Mix ~Ballet Focus
6:45 - 7:45 Pre-Inter A Jazz		6:30 - 7:30 Pre-Inter Lyrical with Miss Amber & Miss Calissa		6:30 - 7:30 Senior Tap		4:45 - 5:45 Pre-Competitive Ballet		3:00 - 4:00 Dance Mix ~Jazz / Hip Hop Focus
8:00 - 9:00 Senior Ballet		7:45 - 8:45 Senior Hip Hop with Miss Jaymi		7:30 - 8:30 Senior Jazz		6:00 - 7:00 Inter Ballet		4:15 - 5:00 Junior Tap
9:00 - 9:30 Senior Pointe				8:30 - 9:30 Senior Contemporary		7:00 - 7:30 Inter Pre-Pointe Will focus on technique and strength before graduating to Pointe		7:45 - 8:45 Adult Sessional: Salsa Oct. 1st - Oct. 22nd 4 weeks with Miss Jaymi

Yellow Background classes will be held at the Valley Fitness Centre

White Background classes will be held at the United Dance studio